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On the Cover:

At what is hoped to be an annual event, personnel and families of anyone who works on Travis Air Force Base, were invited out to have a day of fun and fellowship. The kids had a multitude of activities to enjoy; from jumpy houses, horse back riding and a 'sticky wall.' (U.S. Air Force photos/Senior Master Sgt. Ellen Hatfield)

Contact magazine is the monthly, authorized publication for members of the U.S. military and their families. It is printed under contract with Far Western Graphics Inc., Sunnyvale California. The contents expressed herein are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, or the U.S. Air Force. All photographs are U.S. Air Force photos unless otherwise indicated.

Being apart of events that make history

by Col. "Jay" Flournoy 349th Air Mobility Wing Commander

ot too long ago I had the distinct pleasure of attending a Basic Training graduation ceremony at Lackland AFB and witnessed our newest Air Force Airmen being welcomed to the team. While sitting there watching the proud relatives and friends cheer on their loved ones, I imagined the road that lies ahead for each of these new Airmen as they begin their careers in the United States Air Force. I could see the utmost pride that family members had in their noteworthy accomplishments and a tremendous sense of excitement for what was yet to come for each of them. I also thought about those that have come before them and blazed the trail, making it easier for them to be successful. Over the past few months here at Travis, we have witnessed a number of our military and civilian teammates don their uniforms and business suits one last time, after multiple years of faithful and honorable service to this nation. Rest assured that they didn't achieve that milestone by just doing their jobs.

Do you think that when these military and civilian volunteers joined the team they ever thought they would be a part of some of the most important events in our nation's history? Can you imagine what they might have said if someone told them when they signed up, they would have the opportunity to play such a monumental role in preparing the up and coming generation for the things to come. From Vietnam, the destruction of the Iron Curtain, the collapse of the Berlin Wall, Operations Desert Shield, Desert Storm, Southern Watch, Provide Comfort, Northern Watch, Provide Promise, Enduring Freedom and Iraqi Freedom, New Dawn, these patriots served with distinction, honor, and integrity. These teammates unselfishly sacrificed and continuously prepared themselves for the next challenge. Each of them embodied the character and valor shared by so many great leaders of our past. Have you prepared yourself for the next bend in the Air Force road? In your role as leader, are you doing your part to ready your Airmen for what lies over the next ridgeline?

Long before the Air Force leadership adopted the core values of "Integrity, Service Before Self, and Excellence In All We Do," a famous President was living those values and served his entire life with an unbending commitment to valor. President Abraham Lincoln lived each day as an example to all of his subordinates, both friend and foe. Three quotes sum up his commitment to those core values and serve as great examples to us all. On integrity: "In times like these men should utter nothing for which they would not be willingly responsible through time and in eternity." On service before self: "The probability that we may fall in the struggle ought not to deter us from the support of a cause we believe to be just; it shall not deter me." On excellence: "I do the very best I know how, the very best I can, and I mean to keep on doing so until the end."

salute all of those who have served before us for being great examples and preparing the rest of us for the things to come. I salute all of Team Travis for your sacrifice, dedication, and service, knowing that you are representing your units, your service and your country with honor. Finally, I salute our newest Airmen and challenge you to prepare yourselves for the experience of a lifetime. The road you choose to follow in your Air Force career may be freshly paved, full of potholes, or not even built yet. Your challenge is to ensure that you put yourself in a position that best prepares you for that road. Serve with pride and live as President Lincoln and the fine Americans who have served before you every day with *integrity, service before self, and excellence in all that you do*.

People are my passion

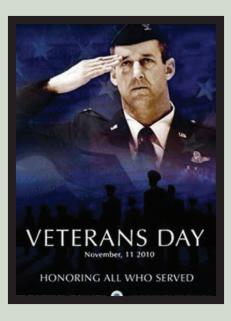
by Chaplain (Maj.) Ken Rowley 349th Air Mobility Wing

s a chaplain it is my joy to come to Travis Air Force Base and care about you. Since I do not have the typical outgoing and boisterous personality that most people expect in a chaplain, my work for caring for you is more subdued. Being a global thinker, introspective and quiet, many people assume that I am not a people person. The book and cover analogies go back a long way for a reason. My passion and my life are built on people. My calling as a minister of Jesus the Nazarene which led me to the chaplaincy is built on my personal belief of loving God and loving neighbor. In my Holy Scriptures the neighbor is not defined as one who is a friend, but as someone you cross paths with in the course of life. So, if we cross paths, I will care about you. I will care about your well being, about your health, about your life, about your family, and about your work. I may not have all the tools or resources to supply all your needs, and I may not always have the time I would like to spend caring, but that does not change the fact that I care and that I am willing to get involved in helping.

Our families, our communities, our world is made up of people of all types; many different personalities, many different abilities, and many different problems. It takes a combined effort to bring all the differences together so that the people, the problems and the solutions can come together. Whether we are dealing with the local food drive or world order the answer is the same, people need to come together and bring their resources to the table to help others. Some will do so with bells and whistles, others quietly. The important thing is that it happens.

f we really care about our world, our nation, our community, our neighbors, then we cannot be loners, we must involve ourselves with others. Isn't that why we were drawn to the Air Force, to make a difference in the lives of our families and our nation? Take time this holiday season, regardless of your faith background and consider how you, your family, or your organization can contribute to the needs of others. Do it in a way that fits your personality. If that means with bells and whistles, then start the drum roll. If it is quietly and subdued, then great, enjoy the personal pleasure of quietly contributing. The important thing is that each of us finds our own way of contributing to the care of those who need our help. Individually we will not make much headway, but together - just imagine the difference it would make if everyone cared for each other. We can make it happen! How will you start?





No disrespect, Dad, but smoking doesn't make you look 'cool'

by Patti Schwab-Holloway, 349th Public Affairs

y Dad had a stroke a few years ago. Unfortunately he recovered just wonderfully. No, that isn't a typo - I wrote, "unfortunately," because when Dad was in the hospital, making deals with God - he promised he would "try" and quit smoking -- that lasted almost six weeks. Once he was feeling better - he went right back to smoking.

I care about my father - so I had to ask, "Dad why did you start smoking again?"

His reply was simple. "Because people who smoke look cool."

No disrespect to my Pops, but he is just wrong - people who smoke look stupid! Have you ever watched yourself smoking? Look in the mirror. It looks really, really unattractive and gross.

Every year I try and write something to promote the Great American Smokeout. The GAS (okay, maybe some events shouldn't use acronyms) is an annual event held on the third Thursday in November in the United States, encouraging Americans to stop smoking. This event challenges people to stop smoking cigarettes for 24 hours, hoping their decision will stick. I know one thing for sure, the decision to quit smoking is one that only you can make for yourself - but having national support certainly won't hurt. I know how hard it is to quit - I come from a family of smokers and I have quit myself several times!

The American Cancer Society is marking the 35th Great American Smokeout on Nov. 18, so why not make that your 'quit day' by following these suggestions:

- -Do not smoke. This means none at all not even one puff!
- -Keep active try walking, exercising, or doing other activities or hobbies.
- -Drink lots of water and juices.
- -Try using a nicotine replacement method, attend stop-smoking class or follow your self-help plan.
- -Avoid situations where the urge to smoke is strong.
- -Reduce or avoid alcohol.
- -Change your routine. Use a different route to go to work, drink tea instead of coffee. Eat breakfast in a different place or eat different foods.

Withdrawal from nicotine has two parts — the physical and the mental. For those who have been smoking for any length of time, smoking becomes linked to many of your day-to-day activities like eating, reading, watching TV, or drinking coffee, or, for me, it was talking on the phone. Each of these things can be a major 'trigger' and it will take a real effort on your part to unlink smoking from these activities. This is why, even if you are using a nicotine replacement, you may still have strong urges to smoke. Be aware of what your major triggers are and find a way to distract yourself from them. Avoid them if possible or just replace that morning smoke with a stretching routine instead.

The key is to find what works for you - you have to believe that you are worth it and make it work. Plus think of all the rewards you will get - the first one that comes to mind for me is the money you will save! What are a carton of cigarettes up to now? About \$50 a carton? If you smoke a carton a week that is more than \$2500 a year! Hawaii here you come!! If you are a part of a couple that smokes that can be \$5000 - a nice start to a down payment on your first home! See quitting can really change your life! Here are some of the ways the American Cancer Society touts the fast rewards of quitting:

- After 20 minutes: Blood pressure, pulse and carbon-monoxide levels drop to normal.
- After 48 hours: Sense of smell and taste are enhanced and nerve endings start to regrow.
- After two to 12 weeks: Circulation improves. Lung function increases by up to 30 percent.
- After one to nine months: Coughing, sinus congestion and shortness of breath decrease. Cilia function returns to the lungs.
 - After one year: Risk of heart disease is half that of a smoker.
 - After five years: Risk of lung cancer is half that of a smoker.
 - After 15 years: Life expectancy is equal to that of a nonsmoker.

New research on quitting suggests that in addition to such medications, nicotine replacements and exercise are very helpful.

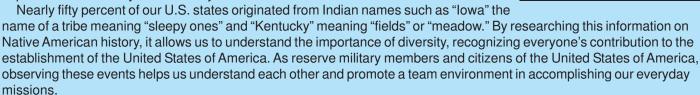
or more information on how to quit visit www.cancer.org or ask your doctor. Nov. 18th is right around the corner - why not use that as your 'quit date'?

Native American History Month

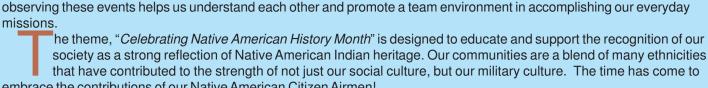
by Tech. Sqt. Kenneth Masasaet, 349th Equal Opportunity

he month of November marks Native American Indian History Month. Native Americans have contributed many positive things to our world. For example, the American Indians have a great respect for ecology which is basically respect for land, nature and the love for animals. Many people do not know that the food that we eat today originated from the American Indians. Some examples include corn. potatoes, beans, peanuts, tomatoes and nuts. In addition, they have contributed to the knowledge and methodology of farming that has fostered the growth of our agricultural communities today.

The Native American has also influenced many areas of the American way of life with Indian art, designs and styles that have strongly influenced modern design, architecture and music. For example, the log cabin house was adopted from the native Indian log or longhouse. Fine clays developed by the Native Indians were used to make pottery and even china that is present today. As a whole, Native American Indian heritage is important because their contributions to art, modern technology and American life have impacted us in the way we live today.



he theme, "Celebrating Native American History Month" is designed to educate and support the recognition of our that have contributed to the strength of not just our social culture, but our military culture. The time has come to embrace the contributions of our Native American Citizen Airmen!



Travis Team member overcomes disorder; triumphs at marathon

by Senior Airman Amelia Leonard, 349th Public Affairs

housands of runners gathered to compete in the 14th annual Air Force Marathon at Wright-Patterson Air Force Base, Ohio on Sept. 18.

More than 40 Airmen from Travis participated in the event. Master Sgt. Thomas Hall, 60th Diagnostic and Therapeutics Squadron, was one of the Team Travis runners.

Sergeant Hall, however, had to overcome one obstacle the other Airmen did not- cystic fibrosis.

"Cystic fibrosis is a life-threatening disorder that causes severe lung damage and nutritional deficiencies, " according to the Mayo Clinic. "Cystic fibrosis affects the cells that produce mucus, sweat and digestive juices. Normally, these secretions are thin and slippery, but in cystic fibrosis, a defective gene causes the secretions to become thick and sticky. Instead of acting as a lubricant, the secretions plug up tubes, ducts and passageways, especially in the pancreas and lungs."

Sergeant Hall was not diagnosed with the disease until 2001, and at that point the Air Force wanted to medically discharge him. Sergeant Hall, however, felt that he was still fit to fight and would prove them wrong, he said.

"God had a plan," he said.

That plan was running. Although it was difficult, he began to learn to work with his body along the way. He learned over time that he needs to take salt gels periodically while running, and maintain proper hydration because if he doesn't, the mucus in his lungs thickens, making it hard

Sergeant Hall got the idea to run in the Air Force Marathon while going to the Senior Non-Commissioned Officer Training course in September 2008. Soon after completing the course, Sergeant Hall sent out a mass e-mail to everyone on the Travis Top 3 distribution list to see if there were other airmen interested in competing.

He began physically preparing for the Air Force Marathon in March 2010. Over time he actually reversed roles with his running partner, Senior Airman William Sutherland, 60th MDTS, going from the

one who was always running behind, to the one leading the way!

Going into the marathon Sergeant Hall had three goals he hoped to achieve.

"First I want to finish. Second I want to finish in under three hours. Third, I want to finish in under three and a half hours," he

Despite his obvious disadvantage, Sergeant Hall pushed through and finished the race. Although he had not anticipated it, he had difficulty with his iliotibial bands, a group of fibers stretching from the gluteal muscles down to the tibia bone. He began to feel his IT bands tightening up around mile 18 and had to walk for a few

Even though he had to slow down and walk for a few miles, he was able to accomplish one of his goals, finish.

s long as a deployment does not interfere with his ability to train and compete in next years' race, he plans on competing to qualify to run in the Boston marathon. For results on the AF marathon visit: usafmarathon.com.

World War II veteran enriches T

Photos and sto

ninety year old veteran of World War II recently made a special gift to the Travis Air Force Base Museum with the donation of his U.S. Army Air Corps uniform.

Former Army Air Corps Master Sgt. Bill Meck of Napa, Calif., with the help of good friend Col. Barrett Broussard, 349th Air Mobility Wing vice commander and an Air Force reservist, met with Museum curator Terry Juran – also a master sergeant reservist with the 349th Aircraft Maintenance Squadron – for the presentation.

We need to flash back 69 years for the start of the remarkable journey of Bill Meck and his uniform.

Dec. 7, 1941, Bill and Jeannie

Meck, young newlyweds, decided to go to the moving pictures at the theater across the street from their apartment in Cleveland, Ohio. When they emerged at 9 p.m., a corner newsboy was holding aloft his wares, shouting, "Read all about it! Japanese bomb Pearl Harbor!"

"My first response was 'where's Pearl Harbor?' My second response was to enlist in the Army," said Meck. "I'd never been out of Cleveland, well, maybe to Akron once."

As an infantry soldier, he was sloshing through the mud and practicing with a bayonet. Realizing quickly that he didn't care to do that, he signed up for radio school. "I flunked out of that," he said with a wry grin. "So I decided I wanted to

fly." Of course, as enlisted, he couldn't be a pilot, although one of his pilot buddies let him take the controls of a B-29 Superfortress once. "He didn't like my takeoffs and landings, I bounced



Master Sgt. (U.S. Army Air Corps, personalized tour of the Travis Mu Mobility Wing Vice Commander, a Broussard.

too much," he said, blue eyes twinkling with laughter. But his first assignment to Keesler Field, Miss., put him on as crew with the heavy-duty, long range bombers. From there he went to Waller Field, Trinidad, and then on to Guam, and he was in the war.

Guam was 1,500 miles from Tokyo, Iwo Jima was 750 miles. Meck said the aircraft needed a rendezvous point, which turned out to be Iwo. If they got shot up or needed to refuel, they would return to Guam.

The war ended in Europe in April of 1945, and they moved many of those troops to the Pacific. "We used to sing this song, 'The Golden Gate in '48' because that's when we believed the war would be over for us," he said with a faraway look. "Then one day, my colonel came to me and said we could stop singing the



Master Sergeant (prior U.S. Army Air Corps) Bill Meck sits in an aircraft engine intake at the Travis Museum, with his friends. Sergeant Meck's visit to the base and museum was arranged by close friend, Col. Barrett Broussard, 349th AMW vice commander (standing behind Meck), with a special purpose: the World War II veteran donated his uniform to the museum, and granted an interview to the 349th AMW public affairs office. Happy Veteran's Day, Sergeant Meck, and thank you for your service!

ravis Museum with donation

ry by Senior Master Sgt. Ellen Hatfield, 349th Public Affairs



ret.) Bill Meck gets a seum with 349th Air nd friend, Col. Barrett

song. He had just come from Tinian, where they had the Enola Gay waiting. A few weeks later it took off, with Col. Paul Tibbets flying, and dropped the bomb on Hiroshima."

"The Japanese didn't get the message, though, so three days later, they dropped another on Nagasaki. I remember some general saying that the Japanese thought we had captured the

power of the sun."

Meck went from being a private to a master sergeant in four years, a feat you wouldn't see in today's ranks, all because he could type. "I had wanted to be a newspaper reporter before the war, so I began typing while still in school. In the Army, it helped me make private first class in about a month; corporal in another two months, sergeant, another two months and staff sergeant in a few months more. I was in line to make technical sergeant when they asked me to become a first sergeant. Within 12 months, I made master, and skipped tech."

He reminisced about his time in the war, and his buddies, fondly, and said there was only one time he was really miserable, during the trip by ship from Washington State to Guam. "My buddy had the strongest stomach of anyone. He was throwing up further!" he chuckled.

His time after the war was no less colorful and interesting. He returned to Akron and became a door-to-door milkman. Being the entrepreneur that he was, he realized there was competition, and began undercutting their business with his talent for sales. His next endeavor had him selling meat patties for a butcher shop. Soon after that, he and his partner borrowed \$500 to rent space and start their own meat patty business.

They added more products, and a few years later, rented a larger space across the street. In another seven years they outgrew that space, and built their own store, 10,000 square feet, in Burlingame, Calif. A few more years, and they added another 10,000 sq. ft. Another 10 years went by, and they acquired the building next door.

Eventually splitting with his partner,

(See Donation on Page 11)

If this uniform could talk...

or 25 years, Bill Meck didn't know that one of his World War II Army Air Corps uniforms was tucked away, preserved under plastic at the back of a closet.

Shortly before his former wife died, his daughter gave him the uniform that she had kept all those years. The infamous OD green wool jacket and trousers, with a little airing out, would probably still fit the trim 90 year old veteran.

Terry Juran, Curator for the Travis Museum as well as serving as a master sergeant in the 349^{th} AMXS, knows every last detail of the uniform once worn by his fellow master sergeant of the Army Air Corps. He spoke with the barely contained excitement of the explorer who has unearthed a rare find.

"The round patch on the shoulder with the Hap Arnold style wings and the 20 indicates MSgt. Meck belonged to 20th Air Force," said Juran. "The small Ruptured Duck patch on the right breast indicates he was honorably discharged. He would have been authorized to wear his uniform for 30 days after that."

Although today the Air Force doesn't have sleeve hash marks as part of the uniform, Juran knew the significance of the three horizontal and single

diagonal hash marks on the lower left sleeve of Meck's jacket. Each horizontal hash mark represented one year serving overseas. The diagonal one was awarded for every three good years.

First missing in action and then recovered 69 years later, the old uniform, like the old soldier, still has many stories to tell. If you want to hear one, visit the Travis Museum.



349th Wing Traditional Reserve Vacancies

AFSC	AFSC Title	Rank	AFSC	AFSC Title	Rank
11G3	Generalist Pilot	Officer	3S271	Education & Training	SSgt/TSgt/MSgt
11M3K	Mobility Pilot, General	Officer	41A3	Health Services Admin	Officer
14N3	Intelligence Officer	Officer	42B3	Physical Therapist	Officer
1A071	In-Flight Refueling	TSgt	43P3	Pharmacist	Officer
1A151	Flight Engineer	SSgt/TSgt	44M3	Internist	Officer
1A291	Aircraft Loadmaster	MSgt	44M3H	Internist	Officer
1N051	Operations Intelligence	TSgt	44R3B	Diagnostic Radiologist	Officer
1N091	Operations Intelligence	SMSgt	44Y3	Critical Care Medicine	Officer
2A571	Aerospace Maintenance	TSgt/MSgt	45A3	Anesthesiologist	Officer
2A656	Aircraft Elec & Env Sys	SSgt	45B3	Orthopedic Surgeon	Officer
2A654	Aircraft Fuel System	SSgt	45S3A	Surgeon	Officer
2A655	Aircraft Hydraulic Sys	SSgt	45S3B	Surgeon	Officer
2A675	Aircraft Hydraulic Sys	TSgt	46F3	Flight Nurse	Officer
2E173	Ground Radio Comm	TSgt/MSgt	46M3	Nurse Anesthetist	Officer
2F051	Fuels	SSgt	46N3	Clinical Nurse	Officer
2G071	Logistics Plans	MSgt	46N3E	Clinical Critical Nurse	Officer
2T271	Air Transportation	TSgt/MSgt	46N3H	Clinical Nurse	Officer
3E252	Electrical Power Prod	SSgt	46S3	Operating Room Nurse	Officer
3E291	Pavement & Const	MSgt/SMSgt	48A3	Aerospace Medicine	Officer
3E451	Utilities Systems	TSgt	4A091	Health Services Mgnt	SMSgt
3E473	Environmental Controls	MSgt	4N051	Aerospace Medical Svs	SSgt/TSgt
3E791	Fire Protection	SMS/CMSgt	4N071	Aerospace Medical Svs	MSgt
3E800	Explosive Ord Disposal	SMS/CMSgt	4N071C	Aerospace Med, IDMT	TSgt/MSgt
3E591	Engineering	MSgt	4N091	Aerospace Medical Svs	SMSgt
3D052	Cyber Sys Opers	SSgt	8F000	First Sergeant	MSgt
3D152	Cyber Trans Sys	SSgt	5R051	Chaplain Assistant	SSgt

For more information about these vacancies, go to https://www.afpc.randolph.af.mil/afpcsecure/MainMenu.asp.

For more information about ART vacancies contact the ART Recruiter office at 530-634-5189 or go to http://www.usajobs.gov.

349th Wing Full-Time Vacancies

<u>UNIT</u>	GS/SERIES	TITLE	TYPE
349th AMW	GS-0301-12	Executive Officer	ART
349th AMW	GS-0561-05	Budget Technician	CIV
349th AMDS	GS-0303-07	Medical Administrative Asst	ART
45th APS	GS-1702-09	Training Technician	ART
82nd APS	GS-1702-09	Training Technician	ART
349th LRF	GS-2001-09	General Supply Specialist	ART
349th MSS	GS-0203-05	Human Resources Assistant	ART
349th MSS	GS-0344-07	Management Assistant	CIV
349th MSS	GS-1702-09	Training Technician	ART
349th MXS	WG-2610-12	Electronic Integrated Systems Mech	ART
349th AMXS	GS-0303-05	Adm Support Asst Office Automation	CIV
349th AMXS	WG-2892-10	Aircraft Electrician	ART
749th AMXS	WS-8801-09	Aircraft Overhaul Supervisor	ART
349th AES	GS-0301-09	Resource & Aviation Mgmt Spec	ART
349th AES	GS-0301-10	Aeromedical Evacuation Specialist	ART
349th AES	GS-0301-12	Medical Administrative Officer	ART
349th OSF	GS-0303-07	Wing Operations Center Controller	ART
312th AS	GS-2185-09	Aircraft Loadmaster Instructor	ART
70th ARS	GS-0318-05	Secretary Office Automation	CIV
349th OSF	GS-0343-09	Program Analyst	ART
79th ARS	WS-2181-12/13	Aircraft Flight Instructor	ART
312th AS	WS-2181-13	Aircraft Flight Instructor	ART
301st AS	WS-2181-13	Aircraft Flight Instructor	ART

Wing looking for a few good Airman

Submitted by 349th Mission Support Squadron

pplication packages are now being accepted for individuals interested in becoming a First Sergeant. Completed packages must be received Nov. 22 and are to be sent to Personnel Employment: 349MSS/DPMSAE Attn: Tech. Sgt. Mitchel Cooper. Complete applications and qualified candidates will be interviewed on Dec. 5. Applicants will be notified of specific time and place at least 48 hours prior to interview.

UOD is Service Dress.

** Applicants are required by the Command Chief to complete a fitness assessment as part of the interview process. This may occur the day before or day of the interview.**

349 AMW First Sergeant Selection Process:

- 1. The 349 AMW will hold interviews two times per year for personnel meeting the Eligibility requirements for becoming First Sergeants. Results from each board will be good for one year.
- 2. Individuals wishing to be considered must meet the following eligibility requirements:
- Must be highly motivated and capable of fulfilling the role of the first sergeant as prescribed in AFI 36-2113, Chapter 1.
- Must possess exceptional communication, leadership and managerial skills.
- Aptitude Score of 41 in Administrative or 62 in General
- TSgt applicants must be immediately eligible for promotion to MSgt meet time-ingrade requirements for promotion to MSgt
 - Hold an AFSC at the 7-skill level
 - Agree in writing to complete the USAFR

First Sergeants Academy in-residence within one year of selection

- Have a minimum physical profile of PULHES 333231
 - Be financially stable
- Must meet Air Force standard of good physical health and have a current fitness score of 75 or above on the Air Force Fitness Test. In addition, applicant's physical appearance and military image must meet the highest standards expected only of the most dedicated senior NCO's.
- Must have completed the NCO Academy Course. Must complete the Senior NCO Academy Course within 12 months upon graduation from the First Sergeant Academy.

In-residence is highly desirable.

- Personnel must agree to serve tenure of no less than 3 years from date of graduating from the First Sergeant Academy.
- 3. Application packages are due to 349 MSS/DPMSAE (Personnel Employment) by announced suspense date.
- 4. Packages of individuals meeting all eligibility requirements will be forwarded to the Command Chief Master Sergeant who will in turn, notify all applicants as to the scheduled date and location of the semi-annual interviews. The interview panel will consist of the Command Chief Master Sergeant, a minimum of one SNCO of equal or higher rank than the applicants, and one unit First Sergeant.
- 5. Application packages will contain the following items (5 copies each, plain bond paper) at a minimum:

- Cover Memo Letter of Application (overview of why the applicant wishes to be considered and how their experience will make them a good First Sergeant)
- Resume (Explain how applicant's education and experience will make them a good First Sergeant. Include email and phone contact numbers both day and evening for use in scheduling board appearance. Resumes and Cover Memo should follow Tongue and Quill guide lines in AFH 33-337)
- Personnel RIP showing aptitude scores and completion of NCO Academy
- Report of Individual Fitness from the Air Force Fitness Management System available on the Air Force Portal
- The most recent copy of AFFM 422, Physical Profile. (Only needed if you have a profile) AFFM 422 can be obtained from medical record maintained in 349AMDS, Bldg. 239, Bay E.
- Letter of recommendation signed by current unit Commander and First Sergeant addressing at a minimum; leadership and managerial skills, financial stability, competency, energy, motivation, effective communication in all forms, and ability to speak distinctly
- Copy of last three EPR's of record from MPF Customer Service Section
 - Full color copy of ribbon rack from vMPF
 - ARCNet Individual Readiness Printout.

or more information contact Tech. Sgt. Cooper, Chief, Personnel Employment, 707-424-1662.



OPERATION GIVE THANKS

Come Mix, Mingle & Serve Thanksgiving Dinner To Veterans Living At The Yountville Veterans Home

WHEN: Thursday, 25 Nov 2010

WHERE: Yountville Veteran's Home, Yountville, CA

TIME: 1030 -1300 (time varies based on individual assignments)

UOD: ABU, BDU, Flight suits

WHO CAN PARTICIPATE: Military in uniform and your family members and friends. Children (10+) are especially encouraged to participate as well.

> Due to limitations of assignments and assignment quotas, pre-registration is required. Volunteer quotas fill fast.

 Email your interest and indicate how many adults and children. You will receive a confirmation. Details, including facility map and specific assignment will be sent via email after Nov 1st

Limited number of volunteers can be accommodated.

Drop ins are not encouraged due to these limitations.



POC: SMSgt Bob Lumby, robert.lumby@us.af.mil. Please email any questions and/or about your plans to participate. Phone number: 707-424-5864

2010 Chief of Staff Team Excellence Awarded to Haiti Flight Operations Coordination Center

by Tech. Sgt. Les Waters, 615th Contingency Response Wing

49th Air Mobility Wing members, Capt. Marc Launey, Master Sgt. Tristina Senter, Tech. Sgt. Jesus "Alex" Calderon and Tech. Sgt. Lenora Gallegos of the 349th Air Mobility Operations Squadron, joined forces with Airmen from the 615th Contingency Response Wing, 621st CRW, 601st and 612th Air and Space Operations Centers as well as other members from around the Air Force to make up the Haiti Flight Operations Coordination Center Team who was one of five teams to receive the 2010 Chief of Staff Team Excellence Award recently.

Team Excellence Awards are given to those teams who find creative ways to enhance mission capabilities, improve operational performance and create sustained results. The innovations and business solutions the competing Air Force teams developed to improve processes and conserve resources were outstanding, said Air Force Chief of Staff Gen. Norton Schwartz.

"These award winners truly exemplify our core values," General Schwartz said. "They are dedicated to making us more effective and more efficient, both of which are critical for the Air Force in today's challenging strategic environment."

Airmen from the 615th and 621st CRW's rapidly deployed to several locations following the January 2010 earthquake in Haiti. Many CRW airmen deployed directly to Port Au Prince and the Dominican Republic where they worked tirelessly downloading humanitarian aid from inbound aircraft. Meanwhile, command and control experts were sent to the 601st and 612th Air and Space Operations Centers at Tyndall AFB, Fla. and Davis-Monthan AFB, Ariz., as an augmentation force to support the massive increase in operations directly supporting relief efforts.

Drawing on the expertise of NORTHCOM Airmen at the 601st

AOC, a Regional Air Movement Control Center was activated and subsequently renamed the Haiti Flight Operations Coordination Center.

"The 615th CRW and Air Mobility Command submitted this nomination on behalf of the entire HFOCC team, and the 15-plus units these Airmen represented," said Capt. Justin Longmire, HFOCC chief and 571st Global Mobility Response Squadron director of operations.

The goal of the HFOCC was to meter air traffic at a manageable level for the CRW ground personnel offloading aircraft. By partnering with Canadian Air Force and United Nations World Food Program representatives, the HFOCC successfully deconflicted more than 3,940 flights into Port au Prince and enabled the distribution of aid to two million displaced Haitians. More than 15 different units came together at the 601st AOC, and again at the 612th AOC as SOUTHCOM stood up their RAMCC capability.

"This is an incredible honor, and I'm excited to see the hard work of the HFOCC Airmen recognized at the Air Force level," said Capt. Justin Longmire. "I'm particularly thrilled for our Canadian officers and United Nations World Food Program reps. I consider my service with these gentlemen to be a high honor, and I'm proud to be part of an Air Force that acknowledges their contributions."

The real process improvement of the HFOCC was taking a military-centric process, the RAMCC, and modifying it for use as an international, civil-military coordinator. The efforts of the team continue, as two members of the team are currently in Pakistan, drawing on their HFOCC experience to deconflict relief flights into that flood-stricken country.



Several members of the Haiti Flight Operations Coordination Center pose with Air Force Chief of Staff Gen. Norton Schwartz, after receiving the Chief of Staff Team Excellence Award. From left to right: Staff Sqt. Dennis Patterson, Airman 1st Class Andrea Schams, Maj. James Fell, Capt. Richard Gough, Maj. David Smith, Gen. Norton Schwartz, Lt. Col. Bradley Graff, Capt. Justin Longmire, Maj. Joseph Grindrod, Staff Sgt. Jonathan White, and Tech. Sgt. Alex Calderon. (U.S. Air Force photo by Andy Morataya)

Donation ... (Continued from Page 7)

he leased the business to a company synonymous with San Francisco, "It's It" ice cream, invented in 1928. He eventually sold out, and the last company he worked for was Pan Ready Foods, a company he took from \$1.5 million in sales to \$12 million in sales in as many years.

Meck likes to say with a look of pure innocence that after that, he retired on a fixed income: "I fixed it," he said, laughing. He bought an Aero Commander airplane, and often flew the executives of Raley's, Armour Foods, and other giants, to conferences, special charity events and golf tournaments.

"If they were late for a golf match, he'd just land on the course," said Col. Broussard, smiling. Time for Meck's most famous story. It's true, we have witnesses.

It was around 1962, and Meck was flying some friends to a golf tournament at the Silverado Golf Resort in Napa. Here is how he has told it, in the same exact words, probably a million times.

"I had to get them there on time, so I landed on the 18th hole – it was a long par five – now it's the 10th hole. The-Marshall was hot, fussing on about insurance, and liability and all that. I told him, I don't need your conversation; I just need a golf cart. They tell me I rattled all the dishes in the

Clubhouse," he said, rolling his eyes and laughing.

These days, a golf cart is Meck's regular ride, as he can go right out his front door and be on the course at Silverado, headed for the Clubhouse. The cart he sports he won in the Bob Hope Golf Classic at Pebble Beach years ago. Wonder Woman graces his



The "ruptured duck" patch on Master Sgt. (U.S. Army Air Corps, ret.) Bill Meck's World War II uniform. Sergeant Meck donated his uniform to the Travis Museum, 69 years after he first put it on.

hood, and Hope's initials are embroidered on the seats.

"I met him once," Meck said. "I went over, stuck out my hand and said 'Mr. Hope, Bill Meck, glad to meet you." He said, "How are you doing, Bill?" I turned to my friends and said, "See? He knows me."

ENLISTED PROMOTIONS

SENIOR MASTER SERG	EANT	ROGERS, DONALD	301ST AS	
SALAZAR, OSCAR	349TH CES	SALAS, KAREN	349TH MXS	
MASTER SERGEAN	${f T}$	STAFFSERGEANT		
BRADLEY, MICHAEL	82ND APS	ANDRAKIN, MATTHEW	82ND APS	
GALLAGHER, MATTHEW	349TH CES	CORTEZ, CARLOS	349TH MAS	
GARZON, JIMMY	349TH MDS	FOWLER, JAMES	55TH APS	
GONZALES, BOBBY	82 ND APS	HALOL, SOPHEARY	349TH MSS	
MCCULLEY, MICHAEL	945TH AMXS	NUNN, KELLY	349TH MSS	
NEWHOUSE, DAVID	349TH MXS	QUEVEDO, JUAN	55TH APS	
		SCHLUPP, JOHNBENJAMEN	349TH MXS	
TECHNICAL SERGEANT		SIMPKINS, BRANDON	349TH MXS	
CHERNAY, PATRICK	349TH MDS	SPEARMAN, STEPHEN	82ND APS	
CRAIG, HEATHER	82ND APS	SPENCER, AARON	79TH ARS	
GARBETT, STEVEN	79TH ARS	WARD, JASON	349TH MXS	
HASSER, JAMES	945TH AMXS	WHISENAND, JEREMY	82ND APS	
LEYVA, CHRISTINA	349TH AES	WITTE, GEOFFREY	349TH CES	

945TH AMXS

Effective Oct. 1, 2010 or earlier.

LOPEZ, RAMON

